

# The Graceful Connection

**March 2024**



## Staff

Jean Bone  
Business Office Manager  
[jbone@heritageoaksseniorliving.com](mailto:jbone@heritageoaksseniorliving.com)

Connie Pryor  
Marketing Director  
[cpryor@heritageoaksseniorliving.com](mailto:cpryor@heritageoaksseniorliving.com)

Tonya Griffin  
Life Enrichment Director  
[tgriffin@heritageoaksseniorliving.com](mailto:tgriffin@heritageoaksseniorliving.com)

Jordon Staneact  
Maintenance Director  
[jstaneact@heritageoaksseniorliving.com](mailto:jstaneact@heritageoaksseniorliving.com)

## Welcome New Residents!

John and Mary Fraheim

Gloria Jacobs

Dana and Raymond Potter

Russell Hancock

William Pensey Sr.

Nancy Hause





**Mary Mays -3rd.**  
**Geneva W. - 4th**  
**Kenneth L. - 5th**  
**Mary B. - 5th**  
**Al B. -9th**  
**Jean S. - 12th**  
**Magaret G. - 17th**  
**Dan M. - 22nd**  
**Damon C. -29th**  
**Gloria Jacobs -29th**

Please join us in the Atrium at 1:30pm  
on February, 26thth to celebrate all  
of our birthdays. All are welcome!



# NEWS

*March is a month full of promise and possibility with Spring just on the horizon on March 19th! We also will see longer days in March as we Spring-Forward on March 10th – so don't forget to set those clocks ahead one hour and celebrate a later sunset! March is also National Reading Month in honor of Dr. Seuss's birthday. To honor the influential author, find something to read a bit of each day, host a book club, have a book drive for a local library, or volunteer to help kids practice their reading skills! We also have another important celebration to honor this month, International Women's Day, on March 8th. This celebration has been around since 1857 and the theme this year is "Together We Thrive". This is a day to celebrate the accomplishments of the women in our communities and honor their contributions. Check with your Life Enrichment team to see what opportunities there are to participate in International Women's Day in your community!*

## March Events

March 4th – Podiatrist w/ New Era Health

March 4th– National Pound Cake Day

March 6th– Lunch at Cracker Barrell

March 6th – National Oreo Cookie Day Social

March 7th – Penny Auction w/ GenCare

March 7th– Valentine's Museum Presents: Leading Women of Richmond

March 8th – Shopping Trip to Chesterfield Towne Center

March 12th Grief Support Group

March 14th– Total Brain Health–Beat the Clock

March 15th– National Reading Month –Trip to Library

March 18th Grab Bag Bingo

March 22nd– Treat Trip to Krispy Kreme

March 22nd St. Patrick Day Social

March 26th Easter Craft: Peeps Centerpiece

March 28th–Total Brain Health: Why Stress

March 29th– Easter egg Hunt

March 29th– Easter Brunch Social





Get Fit

Join Us!

---



Every Monday,  
Tuesday and  
Thursday

10:00am  
Atrium





**Bingo Night**  
**Every Wednesday and Friday**

---

**6pm**  
**Activity Room**



# Savings Are Here!

We're pleased to offer you our appreciation through our Good Neighbors Referral program! Invite your friends to live their best lives at our community. When they move in, you will receive the Good Neighbor Referral Reward!

It's our way of saying thank you for making our community your home; we know your friend will thank you, too!

Contact your Executive Director for more information!



**GRACE MGMT INC.**  
A CPF LIVING COMPANY

